

CIRCA

TERM 2 CLASS SCHEDULE

27 April - 20 June, 2009

Fortitude Valley

Level 3, Judith Wright Centre of Contemporary Arts, 420 Brunswick Street, Fortitude Valley.

Day	Class	Who	Time	Cost (8 classes)
Mon	Conditioning	15+	5.30-6.30pm	\$120
	Adult Beginners	15+	6.45-8.45pm	\$290
Tue	Circa Zoo	10 - 21 yrs	4.30-6.00pm	\$385
	Adult Beginners	15+	6.30-8.30pm	\$290
Wed	Livewires	11 - 15 yrs	4.30-6.00pm	\$160
	Beginner aerials	15+	6.30-8.30pm	\$290
	Intermediate Circus	15+	6.30-8.30pm	\$290
Thu	Conditioning	15+	5.15-6.15pm	\$120
	Int/adv Aerials	15+	6.30-9.00pm	\$360
Fri	Conditioning	15+	5.15-6.15pm	\$120
	Make an Act <small>*Please note this class includes a "showing" on Friday 26 June</small>	13+	6.30-9.00pm	\$405
Sat	Tiny Tumblers	3-4 yrs	8.30-9.30am	\$145
	Super Springs	5-7 yrs	9.45-10.45am	\$145
	Jump Up	7-11 yrs	11.00am-12.30pm	\$220
	Circa Zoo	10 - 21 yrs	12.45-3.15pm	See Tuesday Circa Zoo
	Beginner aerials	15+	3.30-5.30pm	\$290

Bracken Ridge

St John Fisher College, St John Fisher Drive, Bracken Ridge.

Sat	Tiny tumblers	3-4 yrs + Parents	9.00-10.00am	\$110
	Jump up	7-11 yrs	10.15-11.45am	\$160
	Adult beginners	15+	12.30-2.30pm	\$220

Special Offers: **Early bird** Book and pay your Term 2 Class in full by Wednesday 8 April 2009 and receive a \$10 discount. **+1** Refer a friend who signs up and pays for the term in full and receive a \$20 discount. Your friend must give your full name at the time of booking. **Double fun** Receive \$10 off one class when another of equal or greater value is booked. **Siblings** 1st child is full price and then 10% discount for all siblings. **NB** Discounts cannot be used in conjunction with any other offer.

Adult Classes

Circa Zoo (10 - 21 yrs) The earth will move for Circa Zoo in Term 2. Circa Zoo is a circus troupe of talented young people who have a passion for circus. In Term 2, Circa Zoo will be amping up their skills in devising short creative works that explode from the floor. Keen to be part of it? Join the Circa mailing list to keep up to date with audition details. In the meantime get involved with Circa and take part in some of our beginners and conditioning classes.

Make an act (13+) Got a story to tell through Circus? Work with some of Queensland's most respected arts professionals and build your very own act. Journey through the steps it takes to move an idea to reality and perform for family and friends at the end of term. Please note this class includes a "showing" on Friday 26 June.

Adult Beginners (15+) Leave the hassles of work behind, meet great people and explore the world of the circus. Join our superb trainers and experience everything from acrobalance to juggling and from tightrope to aerials. It's a supportive environment that is challenging and loads of fun. All you need to bring is a reasonable level of fitness, a capacity for laughter and a readiness to explore.

Beginner Aerials (15+) Flirt with gravity as our incredible trainers introduce you to this beautiful artform in a fun and supportive environment. Classes will see you build strength and conditioning as you learn the aerial apparatus' of trapeze, tissu, web and cloudswing. A reasonable degree of upper body strength and fitness is needed to join this class.

Conditioning (15+) This energetic, high impact and cardio-fuelled session is perfect for those who want less of the traditional gym experience and more of the fun and dynamic circus environment. By the end of term you'll have the cardio, strength and stability vital for circus. This class is a great foundation for everyone whether at beginner or advanced levels. .

Intermediate Circus (15+) Want to take your training to the next level? Then this is the class for you. By the end of term you will be stronger, more flexible and have refined your skills in tumbling, handstands, aerials and acrobalance.

Intermediate/Advanced Aerials (15+) Take your aerial skills even higher! If you've completed 1-2 terms of Beginners Aerials or have prior experience, this is the class for you. It's your chance to work more intensely on the aerial apparatus you love.

Circus for Young People

Tiny Tumblers (3 - 4yrs + parent) Fun for children and grown-ups alike! Tiny Tumblers is a play based learning experience for children and their parents or caregivers, building skills through circus. These experiential sessions explore movement, listening, balance, coordination, memory and creativity.

Super Springs (5 - 7 yrs) A class for future action heroes! Fly through the air on trapeze, tumble through any trouble spot and learn to stand on those who get in your way. It's dynamic, hands-on, physical fun that will constantly amaze.

Jump up (7 - 11 yrs) A floor to ceiling circus extravaganza! Working in the studio, with access to all the equipment used by the pro's, our trainer takes you through everything from human pyramids to trapeze and juggling. Jump Up and into circus.

Livewires (11 - 15 yrs) Defy gravity - twist, spin and fly across the room with Livewires. Livewires takes you through a fun and challenging exploration of handstands, tumbling and aerials. Learn the basic training methods used by the masters!

IMAGE: Jesse Scott
PHOTO: Atmosphere Photography

